



Here are few ideas on ways to give back on September 11, 2009 – A national day of service, to culminate President Obama's initiated Summer of Service. See something that you'd like to do? Call or email the contact listed for that particular project to see if there's space available for you to help. After your day of serving, send an email to info@volunteercentral.net to share your volunteer story!

Habitat for Humanity (Chesapeake)- Help build a house for someone in need! Habitat for Humanity of the Chesapeake is a non-profit housing developer that works in partnership with people in need to build simple, decent and affordable houses. There are other volunteer opportunities available as well. Contact Desiree Wingo, Desiree@chesapeakehfh.org, (ph) 410 366-1250 ext 128 for more information.

Sarah's Hope- Call your family and friends to the kitchen to prepare a casserole, bake sweets, or bag some lunches for homeless women and children. Sarah's Hope accepts donated food 7 days a week. Other opportunities are available as well. Please contact Connor Wall, conor.wall@vincentbaltimore.org, (410) 396-2204 for details.

Maryland Food Bank- Help sort and package donated food to be delivered to local nonprofit organizations that feed the hungry. This is a great opportunity for an individual as well as a group. Please contact Vanessa Reed for more information: reed@mdfoodbank.org (410) 737-8282 ext. 232.

Back on My Feet- Are you a runner? Join other runners in promoting the self-sufficiency of the homeless population by engaging them in running as a means to build confidence, strength and self-esteem. Orientation is required and will take place on 9.2.09. Contact Jeanne Bayers for more information: jeanne@backonmyfeet.org, 267-226-2997.

Herring Run Watershed Association –Help improve the environmental quality of the Herring Run watershed for the mutual benefit of its community and the Chesapeake Bay through on the ground action such as: tree plantings, rain garden creation, water monitoring, and invasive-non-native plant removal. Please contact Ashley Traut, atraut@herringrun.org, 410-254-1577 ext 103 for more information.

International Book Bank- All for education? Help sort hundreds of donated books for children all over the world with International Book Bank (IBB). IBB helps increase literacy and advance education by obtaining and shipping books and other educational materials to developing countries. Please contact Valerie Staats, staats@internationalbookbank.org, 410-685-2665 for more information.

Moveable Feast- Volunteer with an agency that prepares and delivers nutritious meals and groceries to individuals and their families - those in need and living with HIV/AIDS and other life-challenging conditions. Help sort donated food or stuff grocery bags. Contact Tom Patrick, TPatrick@MFeast.org, (410) 327-3420 ext. 31, for more information.

Tree Baltimore- Go green! Plant trees in different areas in Baltimore City to help improve the environment and join others in working towards building a sustainable urban forest. Contact Anne Draddy, Anne.Draddy@baltimorecity.gov, (443) 984-4058 for more information.

Visit www.VolunteerCentral.net to search for other volunteer opportunities posted by local nonprofits that could use your help any day of the year!